



General Rules

- No running on deck.
- Appropriate swimming attire (ex: bathing suit, trunks, burqini) is mandatory.
- Denim is not allowed in the pool.
- No chewing gum while swimming.
- No food or drink (water exempt) is permitted in the change-rooms, or on pool deck.
- Children ages six and under must be accompanied by an adult (18+) at all times in the water within arm's reach. One adult may supervise a maximum of 2 children ages 6+ under at one time.
- No outdoor footwear is permitted on the pool deck.
- Shower before entering the water.
- No horseplay will be tolerated.
- Respect the Lifeguards.

Wave Pool

- No diving anywhere in the wave pool.
- No throwing tubes.
- No standing on tubes.
- No Climbing on/over rocks.
- No jumping over fence.

Instructional Pool

- No diving in the shallow end.
- No floatation devices permitted in the deep end.
- One at a time on the diving board.
- One bounce off diving board.
- Must jump straight off diving board.

Climbing Wall

- One person per time in the "Drop Zone".
- Climbers must "fall" feet-first into the water.
- Once fallen, climbers must immediately exit the water the opposite side they entered.
- Climbers must be able to swim by themselves in deep water (A deep-end test by a Gallagher Centre Lifeguard may be requested).
- Rock Wall may be closed to open diving board/lanes.

Waterslide

- One slider at a time on the slide.
- The person at the top of the slide must wait until the person riding the slide is at the very bottom of the slide before going.
- Sliders must go down on their back or bottom, feet first.
- No lifejackets allowed on the slide. No stopping on the slide.
- No belts, buckles, jewellery, etc. on the slide.